



## Halam Church of England Primary School

### PSHE and RSE Overview

#### Cycle A

	Autumn		Spring		Summer	
<b>EY Y1 Y2</b>	Y1 Unit 1: "Who is in your family?" Y1 Unit 2: "Who are the people that are important to you?"	Y2 -Unit 3: "Why are we afraid of the dark" Y2 Unit 7: "What does it mean to be ambitious?"	Y1 -Unit7: "Why is it important to keep safe?" Y2 Unit 10: "Why is your home special to you?"	Y2 Unit 12: "What can we do to save our planet?" Y1 -Unit 9: "Why is money important?"	<b>RSE: the human life cycle Everybody's body</b> Y1 -Unit 10: "Why is it sometimes important to say no?" Y2 Unit 9: "What are your rights and responsibilities?"	<b>RSE: the human life cycle Everybody's body</b> Y1 -Unit 8: "What does the word hygiene mean?" (Y1 children only) Y2 -Unit 8 "Which parts of your body are private?" (Y2 children only) Y1 Unit 11: "Is doing my best good enough?"
<b>Y3 Y4</b>	Y3 Unit 1 What impact could smoking have on my life? Y4 Unit 1 Should I be ashamed if I am ever jealous?	Y3 Unit 2 Why do our feelings sometimes get out of control? Y4 Unit 2 How can I cheer myself up?	Y3 Unit 3 What is and is not bullying? Y4 Unit 3 What do I need to do to be responsible if I have a mobile home?	Y3 Unit 4 Why is it important to always tell the truth? Y4 Unit 4 Why should my community matter to me?	<b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b> Y3 Unit 5 What should I do to keep myself safe? Y4 Unit 5 Is being good something you learn or something that comes naturally?	<b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b> Y3 Unit 6 What do me mean by restorative justice? Y4 Unit 6 What should I do if someone is picking on me?
<b>Y5 Y6</b>	Y5 Unit 1 What happens if I fall out with my special friend? Y6 How can I snap out of a mood that sees me not liking myself?	Y5 Unit 2 Why do we have to be careful using the internet? Y6 Do I know why any form of discrimination is negative?	Y5 Unit 3 Am I strong enough to resist pressure from my peers? Y6 Unit 3 Do I always make the right choices?	Y5 Unit 4 Why should we embrace change and not be frightened of it? Y6 Unit 4 What are the dangers of joining a gang?	<b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b> Y5 Unit 5 Why do some people find it easy to be prejudice? Y6 Unit 5 Taking drugs and smoking are bad, so why do so many do it?	<b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b> Y5 Unit 6 What is meant by a stereotype? Y6 What do we mean by the term 'refugee'?



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### Cycle B

	Autumn		Spring		Summer	
<b>EY Y1 Y2</b>	Y1 Unit 5: "What are rules for?" Y2 Unit 5: "How important is it to have friends?"	Y1 Unit 6: "What does it mean to be kind?" Y1 Unit 12: "Why is teasing an unkind thing to do?"	Y2 Unit 11: "How do you know if you are safe online?" Y2 Unit 4: "Why do you get angry?"	Y2 Unit 1: "Why is exercise important?" Y2 -Unit 2: "Why should you eat your vegetables?"	<b>RSE: the human life cycle Everybody's body</b> Y1 Unit 3: "What makes you happy?" Y1 Unit 4: "What makes you sad?"	<b>RSE: the human life cycle Everybody's body</b> Y1 - 8: "What does the word hygiene mean?" (Y1 children only) Y2 - 8: "Which parts of your body are private?" (Y2 children only) Y2 - 6: "Why is everyone different?"
<b>Y3 Y4</b>	Y3 Unit 7 How do my actions impact others? Y4 Unit 7 Does being disabled prevent people from reaching their goals?	Y3 Unit 8 How do I help someone who is shy and has concerns? Y4 Unit 8 When did you experience something special for the first time?	Y3 Unit 9 Should I take more responsibility for my community? Y4 Unit 9 Why is it wrong to discriminate?	Y3 Unit 10 Why is it okay to be different? Y4 Unit 10 How can I overcome the things I am frightened of?	<b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b> Y3 Unit 11 What are my relationship rights and responsibilities? Y4 Unit 11 Is it okay to reach for the stars?	<b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b> Y3 Unit 12 Why can social media be positive and negative? Y4 Unit 12 What do we mean by the phrase 'anti-social behaviour'?
<b>Y5 Y6</b>	Y5 Unit 7 Why I should be proud of who I am and where I'm from? Y6 Unit 7 Should we always listen to rumour and gossip?	Y5 Unit 8 Do I have enough resilience to carry on with something I find hard? Y6 Unit 8 What is difficult about children fitting in to a new setting?	Y5 Unit 9 Why are families not all the same? Y6 Unit 9 What are our responsibilities for ensuring our environment is safe in the future?	Y5 Unit 10 How could I cope with losing someone who is dear to me? Y6 Unit 10 Why do adults pay taxes?	Y5 Unit 11 What do I know about savings and having a bank account? Y6 Unit 11 How can I be sure that I will never curb my ambition?	<b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b> Y5 Unit 12 Do I do enough to help save our planet? Y6 Unit 12 What is democracy and is it a good thing?