



## Halam Church of England Primary School

### PSHE and RSE Overview

#### Cycle A

	Autumn		Spring		Summer	
<b>EY</b> <b>Y1</b> <b>Y2</b>	<b>Relationships</b> What is the same/different about us?	<b>Relationships</b> Who is special to us?	<b>Health and wellbeing</b> Who helps to keep us safe?	<b>Health and wellbeing</b> What helps us to stay healthy?	<b>Living in the wider world</b> How can we look after each other and the world? <b>RSE: the human life cycle</b> <b>Everybody's body</b>	<b>Living in the wider world</b> What can we do with money? <b>RSE: the human life cycle</b> <b>Everybody's body</b>
<b>Y3</b> <b>Y4</b>	<b>Relationships</b> How can we be a good friend?	<b>Health and wellbeing</b> What keeps us safe?	<b>Relationships</b> What are families like?	<b>Living in the wider world</b> What makes a community?	<b>Health and wellbeing</b> Why should we eat well and look after our teeth? <b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b>	<b>Health and wellbeing</b> Why should we keep active and sleep well? <b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b>
<b>Y5</b> <b>Y6</b>	<b>Health and wellbeing</b> What makes up a person's identity?	<b>Living in the wider world</b> What decisions can people make with money?	<b>Living in the wider world</b> How can the media influence people?		<b>Health and wellbeing</b> How can drugs common to every day life affect life? <b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b>	<b>Living in the wider world</b> What jobs would we like? <b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b>



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### Cycle B

	Autumn		Spring		Summer	
<b>EY</b> <b>Y1</b> <b>Y2</b>	<b>Relationships</b> What makes a good friend?	<b>Relationships</b> What is bullying?	<b>Health and wellbeing</b> How do we recognise our feelings?	<b>Health and wellbeing</b> What helps us grow and stay healthy?	<b>Health and wellbeing</b> What helps us stay safe?	<b>Living in the wider world</b> What jobs do people do?
<b>Y3</b> <b>Y4</b>	<b>Health and wellbeing</b> What strengths, skills and interests do we have?	<b>Relationships</b> How do we treat each other with respect?	<b>Health and wellbeing</b> How can we manage our feelings?	<b>Health and wellbeing</b> How will we grow and change?	<b>Living in the wider world</b> How can our choices make a difference to others and the environment? <b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b>	<b>Health and wellbeing</b> How can we manage risk in different places? <b>RSE Y4: Puberty: Time to change, menstruation and wet dreams, personal hygiene, emotions and feelings</b>
<b>Y5</b> <b>Y6</b>	<b>Health and wellbeing</b> How can we keep healthy as we grow?		<b>Health and wellbeing</b> How can we help in an accident or emergency?	<b>Relationships</b> How can friends communicate safely?	Relationships What will change as we become more independent? How do friendships change as we grow? <b>RSE: Y6: Puberty, recap and review, change and becoming independent. Positive healthy relationships. How babies are made?</b>	