

Halam & Holy Trinity Menu Spring Summer 2023

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	BBQ Pulled Pork Burger Oven Baked Wedges BBQ Beans	Mediterranean chicken wrap Rice & slaw	Roast Gammon Roasties Fresh Veg & Gravy	Chicken thigh burger with Oven wedges & Ranch slaw	Golden fish fingers Chips Peas
Option 2	Crunchy Topped Mac & Cheese Oven Baked Wedges BBQ Beans	Roasted veg wrap Rice & slaw	Veggie Sausage & Summer Veg Traybake Roasties Fresh Veg & Gravy	Curried Jackfruit Rundown Rice & slaw	Carrot & Hummus Bagel Chips Peas
Option 3	Hot Tomato Pasta With or Without Grated cheese				
Option 4	Peach Sponge & Custard	Carrot Cake	Marble Sponge Cake	Jelly & Fruit	Oat Cookie

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Bengali Pork shoulder Whole Grain Rice Coconut Beans	Beef Burger in a Bun Wedges Sweetcorn	Roast Pork & Stuffing Roasties Fresh Veg & Gravy	Breaded Chicken Katsu Rice 5 Spice Cauliflower	Golden Fish Fingers Chips Beans
Option 2	Roast cauliflower & chick pea korma Rice Coconut Beans	Veggie Burger in a Bun Wedges Sweetcorn	Butterbean & Root Veg Stew Roasties Fresh Veg & Gravy	Kung-Pao Chicken style Rice 5 Spice Cauliflower	Cheesy Bean Wrap Chips
Option 3	Crispy Skin Jackets With Tasty Toppings				
Option 4	Oaty Apple slice	Vanilla Cup Cake	Chocolate Brownie	Lemon Drizzle cake	Lemon Cookie

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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza Sweetcorn	All In One Sausage & Cheesy Potato Bake Carrots	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	BBQ Mandarin Pork rice Stir fry greens	Golden Fish Fingers Chips Beans
Option 2	Veggie Bolognese Whole Grain Pasta Sweetcorn	All In One Veggie Sausage & Cheesy Potato Bake Carrots	Carrot & Stuffing Pastry Plait Roasties Fresh Veg & Gravy	Chana Saag (Spinach & Chickpea)Rice Stir fry greens	Vegetable Fingers Chips Beans
Option 3	Hot Tomato Pasta With or Without Grated cheese				
Option 4	Banana loaf	Vanilla Sprinkle Sponge	Citrus Rice Crispie Cake	Apple Sponge Cake	Flapjack